



Snack & Lunch Menu 30 Sept - 4 Oct 2024					
Food / Day	Mon 30/09/24	Tue 01/10/24	Wed 02/10/24	Thu 03/10/24	Fri 04/10/24
Morning Break	Yoghurt	Banana Cake	Scrambled Eggs Sandwich	Mini Croissant	Butter Cookies
Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit
Drink	Whole Milk	Whole Milk	Whole Milk	Whole Milk	Whole Milk
Fruits	Seasonal Fruits	Seasonal Fruits	Seasonal Fruits	Seasonal Fruits	Seasonal Fruits
Noodle		Stewed Chicken with Noodles		Pork Ramen	
Rice	Steamed Rice	Steamed Rice	Steamed Rice & Brown Rice	Steamed Rice	Steamed Rice
Thai	Thai Curry with Morning Glory and Pork	Stir Fried Shrimp and Fish with Curry	Thai Style Stir Fried Noodles with Shrimp (Pad Thai)	Fish Panang Curry	Stir Fried Cabbage with Pork
Asian	Stir Fried Garlic with Chicken	Stir Fried Pork Shabu	Stir Fried Morning Glory with Pork	Pork Fried Rice	Egg with Tamarind Sauce
Asian Soup	Carrot Soup		Seaweed Soup		Miso Soup
International	Sheet Pan Pork with Apples	Beef Stew with Fried Onion and Pumpkin	Fish and Chips	Chicken and Cheese Penne Arrabbiata	Chicken Breasts with Tomato and Olive
3-Colour Veggies	Corn & Cucumber & Carrot	Broccoli & Tomato & Pumpkin	Corn & Green Peas & Carrot	Tomato & Pumpkin & Cucumber	Broccoli & Carrot & Corn
Special Menu					Ice Cream
Afternoon Break for ECAs Weeks (Reception & Year 1)		Seasonal Fruit and Whole Milk	Rolled Cake and Whole Milk	Seasonal Fruit and Whole Milk	

Menu is subjected to seasonal availability